



SHANGHAI SINGAPORE
INTERNATIONAL SCHOOL
上海新加坡外籍人员子女学校



After School Programme

AY2627 Enhancement | Monday-Friday



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Here's Everything You Need to Know About SSIS ASP

The aim of SSIS education is not just about academic attainment or whether a student is achieving exemplary test scores; it is about developing an all-rounded student in all aspects—finding balance within a student's intellectual, social, physical and moral capabilities.

Other than providing learning opportunities within the framework of a regular curriculum, SSIS encourages all students to partake in the After School Programme (ASP). ASP activities provide boundless opportunities for students to learn new skills, ignite new passions and are a vital element in any child's development. Here we will discuss the importance of the ASP, how it helps your child, and how to help your child pick the right activity.

Season 1: Oct 12th - Dec 4th;

Season 2: Jan 4th - Mar 12th;

Season 3: Mar 15th - May 14th

WHAT is the After School Programme (ASP)?

ASP is conducted after school hours from 3.30 to 4.50pm, Monday to Friday. The activities vary from sports, interests to different clubs. This year, we are offering over 70 programmes to choose from!

WHO runs the programme?

The majority of the activities are run by our teachers, who are keen to share their personal expertise and provide guidance for student groups. To encourage every one of our students to join the ASP, these activities are offered free of charge to your child unless there are external specialist involved in the programmes.

HOW can ASP benefit students?

Being involved in extracurricular activities have far-ranging benefits that support a student's development. Here are some key reasons why you should be encouraging your child to join an ASP:

1. Learn new skills

ASP activities allow your child to pick up new skills. Your child can learn how to play a musical instrument, pick up a new sport or discover a talent that might even signal a career choice! What's more, an ASP can also instil critical personality traits such as leadership skills (sports), hand-eye coordination (musical instrument), creativity (art projects) or interpersonal skills (collaborating and communicating with others). No matter which ASP your child chooses to join, they will be able to learn and hone a set of skills that will benefit them in life.

2. Boost academic performance

Studies have shown that students' academic studies were all found to be positively influenced when they engaged in extracurricular activities. Time-management skills, creative thinking, problem-solving ability and a boosted self-esteem developed through ASP can be applied and is beneficial to classroom lessons.

3. Develop a sense of camaraderie

By joining an ASP, your child will be able to make new friends outside of their regular class and grade levels. Often, close and lasting friendships are forged during ASP interactions. It's true how our alumni are still keeping in touch with their ASP mates as they share a common interest, even long after graduation!

4. Exposure to further opportunities

Being engaged in an ASP can provide your child with additional options in learning as they are being exposed to more competitions, friendlies and interaction with peers from other international schools. Having experiences and skillsets in a particular activity can also be beneficial when joining an extracurricular activity in university or impressing a future boss during a job interview.

Our ASPs give students opportunities to explore their interests as well as socialise with students from other classes and grade levels. They learn social skills like negotiation, cooperation, conflict resolutions and teamwork in a fun-filled and relaxed environment. As they are more likely to succeed in the activities they are passionate about, they will subsequently become more confident—we hope to see them develop social-emotional growth.

Having trouble deciding?

Here are some tips for parents who want to help their children with their choices.

- **Read over the whole offerings list together.** Have a discussion with your child about what their areas of interests are, and what they might be passionate about.
- Identify activities that would be a new challenge or something they have tried before and could pursue further. **Narrow the options and discuss the pros of each one.**
- Balance. Some ASPs are more demanding than others. Consider the commitments your child has in terms of coping with schoolwork and his/her social life. **Do not be overambitious and participate in more than two ASPs at one time.** We would like to encourage our students to commit and persevere through each session OR through the academic year (year-long programme).

Important Timeline

To do	Season 1	Season 2	Season 3
	12 Oct - 4 Dec	4 Jan - 12 Mar	15 Mar - 14 May
Receive ASP Brochure by email	11 Sep	27 Nov	29 Jan
Sign-up on Schools buddy	14-16 Sep, 12:00pm-12:00pm	30 Nov – 2 Dec, 12:00pm-12:00pm	15-17 Feb, 12:00pm-12:00pm
Check the Allocation on Schools buddy or email	21 Sep	7 Dec	22 Feb

We hope you are all excited about the activities offered and show us your enthusiasm with a 100 per cent participation rate!

Please contact asp@ssis.asia should you need further clarification.

Programme Listings AY2627

- ASP offerings will be subject to availability for every session. Details will be updated and shared before each session.
- The programme will start if there is a sufficient signup number.

Explorers (K1-G2)

Movement	Days	S1	S2	S3
Sports & Recreation (K1-K2)	Mon, Thurs	*	*	*
SABRES Swim (Foundation)	Tues & Thurs	*	*	*
Sabres Golf Team (G1-G12)	Mon	*	*	*
Sabres Sports Academy - Football (K1-G3)	Mon	*	*	*
Martial Arts - Taekwondo (G1-G6)*	Tues	*	*	*
Martial Arts - Wushu (G1-G6)*	Mon	*	*	*
Sabres Golf Academy (G1-G6)*	Tues & Thurs	*	*	*
Nana Cheerleading (K2-G6)*	Wed	*	*	*
Dancing Diva (K1-G1 Chinese Traditional Dance)*	Wed	*	*	*
Flip out gym (K1-G1)*	Thurs	*	*	*
Sabres Sports Academy - Badminton (G1 - G7)*	Mon	*	*	*
Sabres Strike: Wing Tsun Warriors (K2-G2)	Mon	*		*
Pickleball (G2-G8) *	Wed	*	*	*

Creativity	Days	S1	S2	S3
Crafting the Jade Dragon (K1-K2)	Mon	*	*	*
Brushstrokes of the East (K1-K2)	Thurs	*	*	*
Robo Cubs (K1-G2)	Thurs	*	*	*
GO Chess (K1-G12 Beginner/ Intermediate)*	Mon, Wed, Thurs	*	*	*
Melody Makers (G1-G6 Choir)***	Fri	*	*	*
Sabres' Voices (G2-G6) ***	Tues	*	*	*
Drone Operation (G1-G6 Beginner)*	Thurs	*	*	*
Drone Operation (G1-G12 Advanced)*	Fri	*	*	*
Ceramic making (G1-G6)*	Fri	*	*	*
Art Attack (G1-G2)	Thurs	*	*	*
Competitive eSports – Minecraft Capture the Flag (G2-G12)	Mon & Tues	*	*	*
Tang Poems in Colour (K2-G2)	Thurs		*	*
RoboCup Intelligent Driving & Robotics (G2-G9)*	Fri	*	*	*

Academic Enrichment	Days	S1	S2	S3
Junior Twinkl (G1-G2)	Mon	*	*	*
SABRES Broadcasting (G1-G6)	Mon	*	*	*
Little Scholar's Lodge (Student Care)	Mon - Fri	*	*	*

Please note:

- Activities marked with an asterisk (*) are fully parent-paid (e.g., for instructors or tuition).
- Activities marked with a double asterisk (**) may include partial costs (e.g., transport, materials, entry fees, uniforms or officials).
- YEAR-LONG ASPs will be indicated with an (***) in the Programme Listing.
- The selections shown above may vary from those in the Schoolbuddy app. The most accurate choices will be based on Schoolbuddy.

Creators (G3-G6)

Movement	Days	S1	S2	S3
Sabres Golf Team	Mon	*	*	*
Sabres Golf Academy (G1-G6)*	Tues & Thurs	*	*	*
SABRES Swim (Foundation)	Tues & Thurs	*	*	*
SABRES Swim (Performance & High Performance)	Mon, Wed, Fri	*	*	*
Nana Cheerleading (K2-G6)*	Wed	*	*	*
Sabres Spike Squad - SISAC Volleyball (G4-G8)**	Tues / Thurs		*	
Sabres Strike Force - SISAC Football (G4-G8)**	Tues / Thurs	*		
Sabres Hoop Hustle - SISAC Basketball (G4-G8)**	Tues / Thurs			*
Sabres Stride & Endure - SISAC Cross Country (G4-G12)**	Mon	*		
Sabres Spin Masters - SISAC Table Tennis (G6-G12)**	Mon	*		
Sabres Strike: Wing Tsun Warriors (G3-G6)	Mon		*	
Sabres Smash Squad - SISAC Badminton (G4-G12)**	Mon (G6-8), Wed (G9-12)			*
Martial Arts - Taekwondo (G1-G6)*	Tues	*	*	*
Martial Arts - Wushu (G1-G6)*	Mon	*	*	*
Flip out gym (G2-G6)*	Wed	*	*	*
Sabres Sports Academy - Badminton (G1 - G7)*	Mon	*	*	*
Sabres Sports Academy - Football (K1-G3)	Mon	*	*	*
Dancing Diva (G2-G6 Chinese Traditional Dance)*	Wed	*	*	*
Pickleball (G2-G8) *	Wed	*	*	*

Creativity	Days	S1	S2	S3
Act out! (G3-G6 Primary Drama production)**	Mon	*	*	
First LEGO League (G5 & G6)	Mon	*	*	*
The Game Room (G3-G6)	Mon	*	*	*
The Art Spark Studio (G3-G6)	Mon	*	*	*
Traditional Chinese Knotting: A Hands-On Cultural Craft (G3-G6)	Thurs	*	*	
Esports by Daigon (G4-G12)*	Fri	*	*	*
STEAM (G3-G6)	Mon	*	*	*
Melody Makers (G1-G6)***	Fri	*	*	*
Sabres' Voices (G2-G6) ***	Tues	*	*	*
Orchestra (G3-G12)	Thurs	*	*	*
Ceramic making (G1-G6)*	Fri	*	*	*
Drone Coding (G3-G12)*	Fri	*	*	*
Drone Operation (G1-G6 Beginner)*	Thurs	*	*	*

Creativity	Days	S1	S2	S3
Drone Operation (G1-G12 Advanced)*	Fri	*	*	*
GO Chess (K1-G12 Beginner/ Intermediate)*	Mon, Wed, Thurs	*	*	*
Wood Carving (G3-G6)*	Fri	*	*	*
Competitive eSports – Minecraft Capture the Flag (G2-G12)	Mon & Tues	*	*	*
RoboCup Intelligent Driving & Robotics (G2-G9)*	Fri	*	*	*
Future Innovation & AI Engineering (G4-G9)*	Fri	*	*	*
USACO Computer Olympiad & Algorithmic Thinking (G6-G9)*	Fri	*	*	*

Academic Enrichment	Days	S1	S2	S3
TED Talk (G3-G6)***	Thurs	*	*	*
Math Quest: Strategy, Fun & Friendship (G3-G4)	Thurs	*	*	*
Little Scholar's Lodge (Student Care)	Mon - Fri	*	*	*
MUN (G5-G6)**	Mon	*	*	
The Language Maestro - Spanish (G3-G6)	Thurs	*	*	*
English Debate (G3-G6) by INSPIRA	Tues	*	*	*
Chinese Debate (G3-G6) by INSPIRA	Tues	*	*	*
Young Explorer (G4-G9)*	Mon	*	*	*
Maths Olympiad (G3-G6)*	Mon (G3-4), Thurs (G5-6)	*	*	*
Sabres Broadcasting (G1-G6)	Mon	*	*	*

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Leaders (G7-8) & Pathfinders (G9-G12)

Movement	Days	S1	S2	S3
Sabres Elevate: Open Gym Conditioning (G9-G12)	Mon, Thurs, Fri	*	*	*
Sabres Golf Team	Mon	*	*	*
Sabres Golf Academy (G7-G12)*	Wed & Fri	*	*	*
SABRES Swim (Foundation)	Tues & Thurs	*	*	*
SABRES Swim (Performance & High Performance)	Mon, Wed, Fri	*	*	*
Sabres Spike Squad - SISAC Volleyball (G4-G8)**	Tues / Thurs		*	
Sabres Spike Squad - SISAC Volleyball (G9-G12)**	Tues, Thurs & Fri	*		
Sabres Ultimate Team - SISAC Frisbee (G7-G12)**	Fri	*		
Sabres Stride & Endure - SISAC Cross Country (G4-G12)**	Mon	*		
Sabres Speed Squad - SISAC Track and Field (G4-G12)**	Mon			*
Sabres Spin Masters - SISAC Table Tennis (G6-G12)**	Mon	*		
Sabres Hoop Hustle - SISAC Basketball (G4-G8)**	Tues / Thurs			*
Sabres Hoop Hustle - SISAC Basketball (G9-G12)**	Tues, Thurs & Fri		*	
Sabres Strike Force - SISAC Football (G4-G8)**	Tues / Thurs	*		
Sabres Strike Force - SISAC Football (G9-G12)**	Tues, Thurs & Fri			*
Follow-along aerobic workout (G7-G12)	Mon	*	*	
Lifting with Arnold (G8-G12)	Tues	*	*	*
Sabres Sports Academy- Badminton (G7-G12 Advanced)*	Mon	*	*	*
Sabres Smash Squad - SISAC Badminton (G4-G12)**	Mon (G6-G8), Wed (G9-G12)			*

Creativity	Days	S1	S2	S3
The Playwright's Guild - Legally Blonde (G7-G12)**	Thurs	*	*	
Orchestra (G3-G12)	Thurs	*	*	*
Competitive Vex V5 Robotics (G7-G12)**	Wed & Thurs	*	*	*
Introductory VEX Robotics (G7-G12)	Thurs	*	*	*
Strategy & Dice	Mon	*	*	*
Cinema as Art: Exploring Stories on Screen: Film Appreciation (G9-G12)	Thurs	*	*	*
Ceramic Making (G7-G12)*	Fri	*	*	*
Drone Coding (G3-G12)*	Fri	*	*	*

Creativity	Days	S1	S2	S3
Drone Operation (G1-G12 Advanced)*	Fri	*	*	*
Wood Carving (G7-G12)*	Fri	*	*	*
GO Chess (K1-G12 Beginner/ Intermediate)*	Mon, Wed, Thurs	*	*	*
Open Art Studio	Mon	*	*	*
Competitive eSports – Minecraft Capture the Flag (G2-G12)	Mon & Tues	*	*	*
RoboCup Intelligent Driving & Robotics (G2-G9)*	Fri	*	*	*
Future Innovation & AI Engineering (G4-G9)*	Fri	*	*	*
USACO Computer Olympiad & Algorithmic Thinking (G6-G9)*	Fri	*	*	*

Academic Enrichment	Days	S1	S2	S3
The Archimedes Alliance (G7-G12 Math Comps)**	Mon (G7-G8) Thurs (G9-G12)	*	*	*
Economics Olympiad (G7-G12)**	Thurs	*	*	*
MUN (G7-G12)**	Mon	*	*	*
Science Investigation and Data Collection (G11 & G12)	Mon	*	*	*
Psychology 101 (G9-G12)	Thurs		*	
Chinese Debate (G7-G12)	Mon	*	*	*
Self - Study Mastery	Mon/Thurs	*	*	*
Pages to Pen: Reading Classics for Writing (G9-G12)	Mon	*	*	
Casual Reading & Book Sharing Club	Mon		*	*
Young Explorer (G10-G12)*	Thurs	*	*	*
Chess (Competitive) (G6-G10)**	Thurs	*	*	*

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Student-led ASP? Yes, of course!

At SSIS, we support student-led initiatives, and ASP provides an excellent platform for them. We have had VITALS Club, Sabres Crew, MUN courses, Coaching and sport-specific development, Math peer tutoring, project runway clothing design and more. If students are interested in facilitating their own programme, they can reach out to their divisional principal to discuss their proposal.

To help you make informed choices:

- Programmes marked with an asterisk (*) are fully parent-paid, covering costs such as tuition or external instructors.
- Programmes marked with a double asterisk (**) may involve partial parent payment, which could include transport, uniforms, officials, materials, or entry fees.

Refund Policy: ALL FEES PAID ARE NON REFUNDABLE.

- Fee are non-refundable if an absence is due to a personal cause.
- Make-up classes OR pro-rated fee credits will be offered due to force majeure factors.

YEAR-LONG ASPs will be indicated with an (*) in the Programme Listing.**

NOTE-Students who signed up for YEAR-LONG ASP(s) in Session 1 will continue with the ASP for Sessions 2 and 3. Your child will be automatically enrolled for Sessions 2 and 3 to ensure continuity of the preparation for performances/competitions throughout the academic year.

New students or interested students can still sign up to join these YEAR-LONG ASPs if vacancy is still available. Students will need to be committed for the rest of the academic year.

ASP Multi-inclusive & Competitive Sports

By invitation via try-outs ONLY

Sport is an integral part of the educational experience at SSIS. By participating in our physical education curriculum and after school sports programmes, students can strengthen skills, learn commitment, and cultivate discipline. Students also learn about teamwork, collaboration and compromises – skillsets that will be useful and relevant in their adult life.

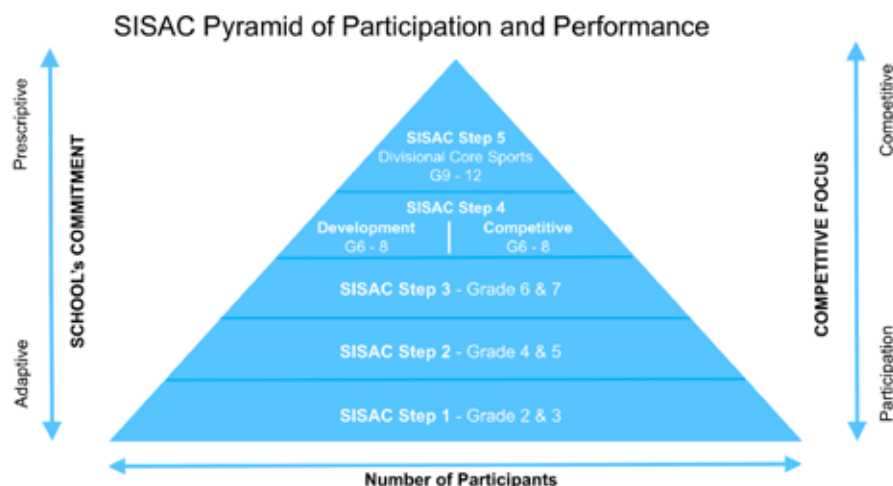


SHANGHAI INTERNATIONAL SCHOOLS ATHLETICS CONFERENCE (SISAC) FOR GRADES 2-12

The organisation provides seasonal sports competitions and activities, in a well-chaperoned environment, for the students of international schools in Shanghai. The teams are competitive and are selected by the coaches based on skill levels and commitment. The sports include volleyball, cross country, basketball, table tennis, football, and badminton.

SISAC LEAGUE RESTRUCTURING

- Merger of SISAC (G9-G12) and CISSA (G5-G8): Creates a unified league with flexible pathways for schools.
- Benefits: Enhanced student engagement, skill development, and community building through festivals and clinics.



ASSOCIATION OF CHINA AND MONGOLIA INTERNATIONAL SCHOOLS (ACAMIS) FOR GRADES 9-12

The ACAMIS Sports League is designed to allow students to experience and participate in cooperative and competitive sports. It provides a safe environment, and allows students the opportunity to travel and make new friends. The three major sporting activities are volleyball, basketball, and football.

SABRES Athletics Programme

Our Core Values

SSIS is dedicated to offering our student athletes a secure, supportive, and inclusive environment for the sports they train and compete in. We aim to foster the holistic development of our athletes, encompassing their physical, tactical, social, and psychological growth. While winning games holds significance for many, it is not the sole bench mark we employ to gauge success and accomplishments in our sports programme. We encourage you to encourage your child to try-out for one of our teams.

Sports Offerings

SISAC / ACAMIS SPORTS	IN SEASON	DAY 1	CULMINATING DATE	IN SEASON TRAINING DAYS
Volleyball (S5)	24th August - 24th October	Try outs: 20th & 21st Aug	ACAMIS @ WCIS 15th to 17th October. SISAC CRE - 24th October	Boys Tues, Wed, Fri Girls Tues, Thurs, Fri
X-Country (S2-4)	24th August - 21st November	26th Aug	ACAMIS Cross Country - 20th & 21st November	Monday
Football (S2-4)	12th October - 5th December	13th Oct (Boys), 15th Oct (Girls)	SISAC CRE - 5th December	Boys - Tuesday Girls - Thursday
Frisbee U19 and U14	12th October - 31st October	16th Oct	ACAMIS Frisbee 30th & 31st October	Friday
Basketball (S5)	26th October - 23rd January	Tryout: 27th & 29th Oct	ACAMIS Basketball @ UISG 20th to 23rd of January, SISAC CRE 16th Jan	Tuesday, Thursday, Friday

Volleyball (S2-4)	4th January - 13th March	5th Jan (Boys) 7th Jan (Girls)	SISAC CRE - 13th March	Boys - Tuesday Girls - Thursday
Badminton (S3-4)	4th January - 13th March	6th Jan	SISAC CRE - 6th March	Wednesday
Badminton (S5)	4th January - 20th March	4th Jan	SISAC CRE - 20th March	Monday
Football (S5)	25th January - 17 April	26th & 28th Jan	ACAMIS @ DCS SZ - 15th to 17th April, SISAC CRE TBC	Tuesday, Thursday, Friday
Basketball (S2-4)	15th March - 15th May	16th Mar (Boys), 18th Mar (Girls)	SISAC CRE - 15th May	Boys - Tuesday Girls - Thursday
Track and Field (S2-4)	15th March - 21st May	15th Mar	Step 2 - 7th May, Step 3,4 21st May	Monday

**For more details of our SSIS Sports Programme, please contact
Mr. Daniel INNS at daniel_inns@ssis.asia or asp@ssis.asia**

Sabres Sport Levy

Purpose: Cover rising costs of transportation and referees (excludes external tournaments/uniforms)

Cost structure

- Ensures accessibility across competitive levels (Steps 1-5)

Cost Breakdown

- SISAC Step 5 (G9-G12, ACAMIS, D1, D2) – RMB 500/season
- SISAC Step 4 (G6-G8, Formerly C1 & C2) – RMB 300/season
- SISAC Step 3 (G6-G7, Formerly Juniors) – RMB 300/season
- SISAC Step 2 (G4 – G5, New Division) – RMB 300/season
- SISAC Step 1 (G2 – G3, New Division) – RMB 150/season
- SISAC Step 2 - 5 (Non-core Sports) – RMB 150/season

SHANGHAI SWIM LEAGUE (SSL) & SSIS SWIM PROGRAMME



SSIS is an official SWIM ENGLAND Learn to Swim School. The SSIS Swimming Pro-gramme provides students with a unique opportunity to learn

swimming from an early age. The programme works on all of the building blocks to swimming. We aim to equip all our students with swimming skills, as well as to enjoy the many physical and mental health benefits.

The Sabres Swim Team compete regularly within the Shanghai Swim League (SSL), which was set up for all international schools in Shanghai. There has been enormous growth and now includes schools from Suzhou, Hangzhou and Nanjing, which makes for over 32 schools in the highly competitive league. SSL events take place throughout the year, usually in rounds and end with the SSL Championships and then the annual Long Course Meet at the Shanghai Oriental Sports Center.

For more details of our SSIS Swim Programme, please contact Mr. Mark Glover at mark_glover@ssis.asia

SSIS GOLF PROGRAMME



The SSIS offers the Golf Programme as part of the Physical Education curriculum for all students in Grades 1-6 – students have a unique opportunity to learn golf from an early age.

The school also offers the sport as part of co-curricular activities (CCA) and the After School Programme (ASP) for all students. Senior School students in the IGCSE Pro-gramme can also select golf as one of their practical assessments.

Selected junior golfers who show outstanding abilities and commitment to the sport make up our SSIS Golf Team. They have access to a 27-hole golf course facility at Sun Island Kunshan Golf Club. The team participates in the ACAMIS Golf and other inter-school tournaments.

We are delighted to announce that Sun Island Golf Group and PING Golf sponsors our Golf Programme. With world-class equipment and access to championship golf courses and practice facilities, our students get to experience something truly unique at SSIS.

For more details of our SSIS Golf Programme, please contact Mr. Jason Gu at jason_gu@ssis.asia

SSIS SABRES Golf Academy

Group Examination Prep Class

Meets: Tuesday & Thursday (2x/week)

Fee: ¥4800 (16 lessons)

At Sabres Golf Academy, we believe that golf is more than just a game—it's a journey. For aspiring junior golfers, our weekly coaching classes lay the foundation for your child's golfing skills. With our outdoor driving range, grass chipping and putting area, and the new expanded Indoor Golf Studio, our students have access to a host of facilities and the latest technology.

This 8-week (16 lessons) programme is tailored to each child's unique pace and abilities with a coach to student ratio of no more than 1:4 with students grouped by their skill level. Our programme is designed to take each golfer through the CGA Junior Golf Levels, where a certificate will be presented upon completion of each level*. The CGA Junior Golf Certificate Training Programme will not only help keep track of your child's progress, it will provide motivation to continue their dedication to mastering this sport.

As they progress, they'll gain confidence and a deeper appreciation for the game. Beyond golf, we prioritize creating a fun, social environment. Our goal is to inspire a lifelong passion for the sport. In addition, this programme provides a platform to join our Sabres Golf Team which competes in various tournaments in Shanghai and at the ACAMIS Invitational.

*Note: CGA Certificate Testing Fee is separate

The importance of Golf Skill Examination

What is the " China Golf Association Junior Golf Skill Examination "?

Official certification issued by the China Golf Association, setting industry standards for the skill levels of youth golf players.

Why Take the Examination?

Set goals and enhance interest

Build a strong foundation, and track your progress

Group Examination Prep Class

To ensure quality, each of the prep class is limited to 12 students and requires a minimum of 4 to start. Each class consists of 16 lessons.

The content covers the requirements of all levels of examination while focusing on overall swing performance.

Level 1: 30-yard fixed distance shot

Level 2: 40-yard fixed distance shot / Putting technique

Level 3: 50/40-yard fixed distance shot / Putting technique / 15-yard pitching

SSIS SABRES GOLF TEAM

D1 TEAM: Selected by coaches through the SABRES GOLF ACADEMY (based on China Golf Association Junior Golf Skill Examination standards).

D2 TEAM: Open to all students who attend the Group Examination Prep classes (based on China Golf Association Junior Golf Skill Examination standards). Passing the examination at the SSIS test centre gives priority for students to join the D1 team and represent the school.

Explorers

(K1-G2)



Sports & Recreation (K1-K2)

Mon, Thurs

This ASP will be a fun opportunity for kids to get out, play and make new friends while staying active. In SSIS, we believe playing sports at a young age contributes to healthy childhood development mentally and emotionally by providing children with strength of character, improved self-esteem, self-confidence, reduced stress and anxiety, ability to develop problem-solving skills, improved concentration and the ability to take direction. These planned activities improved space perception, body coordination, agility and balancing.

SABRES Swim (Foundation)

Tuesday & Thursday

The Sabres swim development Cubs provides students with a unique opportunity to learn swimming from an early age. The programme works on all of the building blocks to swimming. We aim to equip all our students with swimming skills, as well as to enjoy the many physical and mental health benefits, eventually preparing them to join the competitive squad. Interested parents may email Mr. Mark Glover, our Director of Aquatic, for further enquiries.
By invitation

Sabres Golf Team (G1-G12)

Monday

Selected golfers who show outstanding abilities and commitment to the sport make up our SSIS Golf Team. They have access to a 27-hole golf course facility at Sun Island Kunshan Golf Club.

Sabres Sports Academy - Football (K1-G3)

Monday

This program is tailored for children from K1 to G3 who wish to learn about soccer and develop life skills including a lifelong love of the game. Each session is age-appropriately designed to make it engaging and exciting, spend more time with the ball thus enhancing your child's soccer skill level.

Martial Arts - Taekwondo (G1-G6)*

Tuesday

Unlock your potential with our Taekwondo martial arts program! Designed for all skill levels, this dynamic class offers a chance to learn self-defense, improve fitness, and build confidence. Participants will have the opportunity to take grading exams, showcasing their progress and skills (Require a commitment of at least two sessions).

Fee: RMB 1200/ 8 Weeks

Martial Arts - Wushu (G1-G6)*

Monday

Immerse yourself in this dynamic and ancient Chinese discipline! Wushu combines graceful movements, powerful techniques, and a rich cultural heritage, making it a unique form of self-defense and physical fitness. Suitable for all ages and skill levels, our classes focus on improving flexibility, strength, and coordination while teaching traditional forms and applications. Under the guidance of experienced instructors, you'll develop discipline, confidence, and respect for the art.

Fee: RMB 1400/ 8 Weeks

Sabres Golf Academy (G1-G6)*

Tuesday & Thursday

This 8-week (16 lessons) programme is tailored to each child's unique pace and abilities with a coach to student ratio of no more than 1:6 with students grouped by their skill level. Our programme is designed to take each golfer through the CGA Junior Golf Levels, where a certificate will be presented upon completion of each level*. The CGA Junior Golf Certificate Training Programme will not only help keep track of your child's progress, it will provide motivation to continue their dedication to mastering this sport. As they progress, they'll gain confidence and a deeper appreciation for the game. Beyond golf, we prioritize creating a fun, social environment. Our goal is to inspire a lifelong passion for the sport. In addition, this programme provides a platform to join our Sabres Golf Team which competes in various tournaments in Shanghai and at the ACAMIS Invitational.

**Note: CGA Certificate Testing Fee is separate*

Fee: RMB 4800/ 16 lessons

Nana Cheerleading (K2-G6)*

Wednesday

NANA Cheerleading aims to elevate and enhance important 21st-century skills for positive youth development; growth mindset, mental and physical strength, social etiquette and more; motivating each of its members towards a positive and active lifestyle. The programme introduces various dance techniques, both quick and slow movements with moderate intensity. Participants will have the opportunity to showcase the skill set taught, developing each individual into an elegant and confident shiny star.

Fee: RMB 1600/8 Weeks

Dancing Diva (K1-G1 Chinese Traditional Dance)*

Wednesday

Join us as we showcase the elegance and vibrancy of Chinese traditional dance through "Dancing Diva." This group will feature multiple showcases throughout the year. Experience the grace of flowing silk costumes, intricate choreography, and the enchanting melodies that bring each story to life. Whether you're a longtime fan or new to the beauty of Chinese dance, these performances promise to inspire and delight audiences of all ages.

Fee: RMB 1200/8 weeks

Flip out gym (K1-G1)*

Thursday

Gymnastics is a widely renowned sport that can improve overall fitness, strength, balance and body control, as well as help to improve athletic performance in other sports. Our professional and dedicated instructor, Mr. Mike has many years of experience working with children. Many of our participants benefited beyond just physical strength and stamina; an increase in body awareness, muscles coordination, confidence, courage, self-discipline and cognitive development have also been evident.

Fee: RMB 1400/8 Weeks

Sabres Sports Academy - Badminton (G1-G7)*

Monday

Join our exciting "Learn to Play" badminton program, perfect for students of all skill levels! Whether you're a beginner or looking to refine your skills, participants will be divided into groups based on their ability to ensure personalized instruction and a supportive environment. Our experienced coaches will guide you through fundamental techniques, footwork, and game strategies, helping you build confidence and improve your game.

Fee: RMB 1400/ 8 Weeks

Sabres Strike: Wing Tsun Warriors (K2-G2)

Monday

Students will learn the traditional Chinese martial art of Wing Tsun, focusing on improving concentration, coordination, fitness, and self-confidence. This engaging program offers a unique chance to experience authentic Chinese Kung Fu while living in China. Join us to build strength, discipline, and enjoy the rewarding journey of martial arts.

Pickleball (G2-G8) *

Wednesday

Join our Pickleball ASP for fun, fitness, and skill-building! Learn the basics of serving, dinking, volleys, and court positioning with friendly coaching. Whether you're a complete beginner or have played before, you'll improve through drills, mini-games, and supportive practice sessions. Spots are limited—sign up today!

Fee: RMB 1800/ 8 weeks

Crafting the Jade Dragon (K1-K2)

Monday

This hands-on workshop invites students to create traditional Chinese crafts, combining cultural history with practical skills. The club culminates in a lively student art exhibit where participants display their handcrafted masterpieces.

Brushstrokes of the East (K1-K2)

Thursday

Master the delicate techniques of Chinese brush painting, exploring themes from nature and folklore. Students will present their original paintings in a mini-exhibition, sharing their artistic journey and cultural insights with the school community.

Robo Cubs (K1-G2)

Thursday

Explore the exciting world of Lego! Join us for creativity, fun, and the chance to make new friends. Develop valuable skills while building and having a blast with Lego bricks. Don't miss out on this enriching experience!

GO Chess (K1 - G12 Beginner/ Intermediate)*

Monday, Wednesday, Thursday

Combining ancient strategy with modern mental discipline, this course will sharpen logical thinking and strategic planning. Students will end the term by participating in an internal GO & Chess challenge series.

Fee: RMB 1200/ 8 Weeks (Beginner- Monday, Wednesday), RMB 1700/ 8 Weeks (Intermediate - Thurs)

Melody Makers (G1-G6 Choir)***

Friday

Melody Makers is a fun and welcoming choir program for students in Grades 1–6. It is designed to help students develop their singing skills while enjoying the experience of making music together. Students will learn songs from a variety of musical styles, build confidence in singing, and develop their listening and teamwork skills as part of a choir.

Whether students are new to choir or already enjoy singing, Friday Melody Makers provides a supportive environment where everyone can grow and have fun through music.

Sabres' Voices (Grades 2–6) ***

Tuesday

Sabres' Voices is our advanced choir and official school choir team for students in Grades 2–6. The group focuses on developing stronger vocal technique, musical expression, ensemble skills, and performance confidence through more challenging repertoire. Requirements for Joining Sabres' Voices Students are expected to meet the following requirements: Choir experience: At least one year of previous choir experience.

Singing skills: Good intonation and a clear, healthy singing tone. For boys, students should not yet be experiencing significant voice changes.

Commitment: Students are expected to attend rehearsals regularly and make every effort to maintain consistent attendance. As a school team, Sabres' Voices requires commitment, teamwork, and a positive attitude. Students will have opportunities to represent the school through performances and special musical events.

Drone Operation (G1-G6 Beginner)*

Thursday

Discover the thrill of piloting drones in our exciting drone activity program. Learn the basics of drone operation and safety while developing skills in technology and coordination. Perfect for beginners and enthusiasts alike, this hands-on experience lets you unlock your inner pilot.

Fee: RMB 1600/8 Weeks

Drone Operation (G1-G12 Advanced)*

Friday

Advanced ASP drone operation trains you to fly with precision, safety, and confidence. You'll develop skills in advanced maneuvering, and real-time decision-making. With expert guidance and hands-on practice, you'll learn how to optimize performance while staying compliant with drone safety standards. You may also have the opportunity to take part in a drone competition, so you can apply your training, test your skills, and compete alongside other advanced operators.

Fee: RMB 1600/8 Weeks

Ceramic making (G1-G6)*

Friday

Students will explore the fundamentals of hand-building, wheel-throwing, and glazing techniques to create functional and decorative ceramic art. The term will conclude with an internal gallery-style exhibition of their completed works.

Fee: RMB 1500/ 8 Weeks

Art Attack (G1-G2)

Thursday

Are you ready to watch your little one shine? Our Arts and Crafts ASP is the perfect place for your child to explore their imagination and express themselves through creativity! Each week, we engage young artists with fun, hands-on projects that inspire curiosity and foster a love for art. From painting to crafting with various materials, your child will develop fine motor skills, boost their confidence, and make new friends in a vibrant, supportive environment. Join us for an exciting journey where creativity knows no bounds!

Competitive eSports — Minecraft Capture the Flag (G2-12)

Monday & Tuesday

Selected students will represent SSIS in the EASEA league. Squads of up to 12, playing in teams of five. Teams will play one match a week against schools across East Asia, plus practice on the other day. The season includes an April tournament at SSIS and a Champions Cup. League winners can qualify for the School Esports World Championships in Malta in 2027. We are looking for students who communicate well, work as a team, and stay calm under match pressure.

Fee: RMB 800 for the year. Selection applies.

Tang Poems in Colour (K2-G2)

Thursday

ASP's "TANG Poems in Colour" blends poetry with art. Each session introduces one Tang poem for recitation and memorization. Learners then colour a dedicated outline and handwrite the verse beneath. This picture-poem pairing deepens comprehension, engages visual creativity, and reinforces retention—making classical Chinese poetry accessible, memorable, and enjoyable for all ages.

RoboCup Intelligent Driving & Robotics (G2 G9)***

Friday

Tailored for young robotics and AI-minded learners, this course delivers hands-on learning combining the CoSpace 3D simulation platform with physical two-wheeled robots. Participants build practical knowledge of robotics, multi-sensor fusion and autonomous navigation strategies. Students in the group from Grade 2 to Grade 6 use graphical programming, while those in the group from Grade 7 to Grade 9 advance to learning C/Python text-based programming. Supported by certified senior RCAP coaches, students reinforce theoretical concepts through repeated simulation practice and real-world hardware testing. Both new learners and students with prior robotics experience receive step-by-step coaching to prepare for a full spectrum of contests, including the RCAP CoSpace Intelligent Driving Challenge, RoboCup Singapore Open, International Invitational, Annual Masters Tournament, World Humanoid Robot Games, Shanghai Qualifiers and Shanghai International Schools Invitational.

Fee: RMB 4800 / 8 Sessions; Fullyear package RMB 14400 / 24 Sessions

Junior Twinkl Club (G1-G2)

Monday

Get ready for an exciting after-school adventure with the Junior Twinkl Club! Each week, students will explore original Twinkl stories and dive into a world of fun and learning. Through engaging activities, children will build skills in subjects such as English reading and writing, Math, Social Studies, Science, and Arts & Crafts. Whether it's solving puzzles, creating crafts, or going on a story adventure, there's something for everyone. Come learn, laugh, and create with us at the Junior Twinkl Club — where exciting stories lead the way!

SABRES Broadcasting (G1-G6)

Monday

Welcome to Sabres Broadcasting! This program is designed for 1st to 6th grade students interested in developing their broadcasting and public speaking skills. Participants will practice tongue twisters, enhance their speech techniques, simulate broadcasting scenarios, and for the older students, engage in video editing activities. Join us to become the next star broadcaster!

*Students must command a basic level of Chinese in order to join this ASP.

Little Scholar's Lodge (Student Care)

Monday - Friday

This after-school program offers a calm space with friendly guidance, helping children build good study habits while staying engaged and productive.

Creators

(G3-G6)



Sabres Golf Team

Monday

Selected golfers who show outstanding abilities and commitment to the sport make up our SSIS Golf Team. They have access to a 27-hole golf course facility at Sun Island Kunshan Golf Club.

Sabres Golf Academy (G1-G6)*

Tuesday & Thursday

This 8-week (16 lessons) programme is tailored to each child's unique pace and abilities with a coach to student ratio of no more than 1:6 with students grouped by their skill level. Our programme is designed to take each golfer through the CGA Junior Golf Levels, where a certificate will be presented upon completion of each level*. The CGA Junior Golf Certificate Training Programme will not only help keep track of your child's progress, it will provide motivation to continue their dedication to mastering this sport. As they progress, they'll gain confidence and a deeper appreciation for the game. Beyond golf, we prioritize creating a fun, social environment. Our goal is to inspire a lifelong passion for the sport. In addition, this programme provides a platform to join our Sabres Golf Team which competes in various tournaments in Shanghai and at the ACAMIS Invitational.

**Note: CGA Certificate Testing Fee is separate*

Fee: RMB 4800/ 16 lessons

SABRES Swim (Foundation)

Tuesday & Thursday

The Sabres swim development Cubs provides students with a unique opportunity to learn swimming from an early age. The programme works on all of the building blocks to swimming. We aim to equip all our students with swimming skills, as well as to enjoy the many physical and mental health benefits, eventually preparing them to join the competitive squad. Interested parents may email Mr. Mark Glover, our Director of Aquatic, for further enquiries.

SABRES Swim (Performance & High Performance)

Monday, Wednesday, Friday

The Sabres Swim Team compete regularly within the Shanghai Swim League (SSL), which was set up for all international schools in Shanghai. There has been enormous growth and now includes schools from Suzhou, Hangzhou and Nanjing, which makes for over 32 schools in the highly competitive league. SSL events take place throughout the year, usually in rounds and end with the SSL Championships and then the annual Long Course Meet at the Shanghai Oriental Sports Center. Interested parents may email Mr. Mark Glover, our Director of Aquatic, for further enquiries.

Nana Cheerleading (K2-G6)*

Wednesday

NANA Cheerleading aims to elevate and enhance important 21st-century skills for positive youth development; growth mindset, mental and physical strength, social etiquette and more; motivating each of its members towards a positive and active lifestyle. The programme introduces various dance techniques, both quick and slow movements with moderate intensity. Participants will have the opportunity to showcase the skill set taught, developing each individual into an elegant and confident shiny star.

Fee: RMB 1600/8 Weeks

Sabres Spike Squad - SISAC Volleyball (G4-G8)**

Tuesday (Boys) / Thursday (Girls)

Students train from once a week and compete against other international schools in Shanghai. Depending on their Step placement, they will participate in at least one weekend tournament. As students progress through the age groups, they move up the Steps, with the focus gradually shifting from development to more competitive play.

Sabres Strike Force - SISAC Football (G4-G8)**

Tuesday (Boys) / Thursday (Girls)

Students train from once a week and compete against other international schools in Shanghai. Depending on their Step placement, they will participate in at least one weekend tournament. As students progress through the age groups, they move up the Steps, with the focus gradually shifting from development to more competitive play.

Sabres Hoop Hustle - SISAC Basketball (G4-G8)**

Tuesday (Boys) / Thursday (Girls)

Students train from once a week and compete against other international schools in Shanghai. Depending on their Step placement, they will participate in at least one weekend tournament. As students progress through the age groups, they move up the Steps, with the focus gradually shifting from development to more competitive play.

Sabres Stride & Endure - SISAC Cross Country (G4-G12)**

Monday

This ASP is for students who love to run and are ready to challenge themselves through endurance training. Students will train at least once a week to compete in cross-country meets. We will attend an end-of-season meet, open to students in Grades 5-12, with selected Grade 4 runners also eligible. We will also explore other opportunities for students to compete throughout the season, including ACAMIS hosted by SSIS at Sunisland.

Sabres Spin Masters - SISAC Table Tennis (G6-G12)**

Monday

We're trialing table tennis with weekly training sessions. If interest is strong, we plan to participate in the Shanghai tournament. Come join us to develop your skills and have fun with fast-paced rallies!

Sabres Strike: Wing Tsun Warriors (G3-G6)

Monday

Students will learn the traditional Chinese martial art of Wing Tsun, focusing on improving concentration, coordination, fitness, and self-confidence. This engaging program offers a unique chance to experience authentic Chinese Kung Fu while living in China. Join us to build strength, discipline, and enjoy the rewarding journey of martial arts.

Sabres Smash Squad - SISAC Badminton (G4-G12)**

Monday (G6-8), Wednesday (G9-12)

Students in this ASP will train once a week to develop their badminton skills in a fun, competitive environment. We will participate in an end-of-season fixture, and we'll also look to arrange friendly matches against other schools in Shanghai throughout the term.

Martial Arts - Taekwondo (G1-G6)*

Tuesday

Unlock your potential with our Taekwondo martial arts program! Designed for all skill levels, this dynamic class offers a chance to learn self-defense, improve fitness, and build confidence. Participants will have the opportunity to take grading exams, showcasing their progress and skills (Require a commitment of at least two sessions).

Fee: RMB 1200/ 8 Weeks

Martial Arts - Wushu (G1-G6)*

Monday

Immerse yourself in this dynamic and ancient Chinese discipline! Wushu combines graceful movements, powerful techniques, and a rich cultural heritage, making it a unique form of self-defense and physical fitness. Suitable for all ages and skill levels, our classes focus on improving flexibility, strength, and coordination while teaching traditional forms and applications. Under the guidance of experienced instructors, you'll develop discipline, confidence, and respect for the art.

Fee: RMB 1400/ 8 Weeks

Flip out gym (G2-G6)*

Wednesday

Gymnastics is a widely renowned sport that can improve overall fitness, strength, balance and body control, as well as help to improve athletic performance in other sports. Our professional and dedicated instructor, Mr. Mike has many years of experience working with children. Many of our participants benefited beyond just physical strength and stamina; an increase in body awareness, muscles coordination, confidence, courage, self-discipline and cognitive development have also been evident.

Fee: RMB 1400/8 Weeks

Sabres Sports Academy - Badminton (G1-G7)*

Monday

Join our exciting "Learn to Play" badminton program, perfect for students of all skill levels! Whether you're a beginner or looking to refine your skills, participants will be divided into groups based on their ability to ensure personalized instruction and a supportive environment. Our experienced coaches will guide you through fundamental techniques, footwork, and game strategies, helping you build confidence and improve your game.

Fee: RMB 1400/ 8 Weeks

Sabres Sports Academy - Football (K1-G3)

Monday

This program is tailored for children from K1 to G3 who wish to learn about soccer and develop life skills including a lifelong love of the game. Each session is age-appropriately designed to make it engaging and exciting, spend more time with the ball thus enhancing your child's soccer skill level.

Dancing Diva (G2 - G6 Chinese Traditional Dance)*

Wednesday

Join us as we showcase the elegance and vibrancy of Chinese traditional dance through "Dancing Diva." This group will feature multiple showcases throughout the year. Experience the grace of flowing silk costumes, intricate choreography, and the enchanting melodies that bring each story to life. Whether you're a longtime fan or new to the beauty of Chinese dance, these performances promise to inspire and delight audiences of all ages.

Fee: RMB 1200/ 8 weeks

Pickleball (G2-G8) *

Wednesday

Join our Pickleball ASP for fun, fitness, and skill-building! Learn the basics of serving, dinking, volleys, and court positioning with friendly coaching. Whether you're a complete beginner or have played before, you'll improve through drills, mini-games, and supportive practice sessions. Spots are limited—sign up today!

Fee: RMB 1800/ 8 weeks

Act out! (G3 - G6 Primary Drama production)**

Monday

Join us for our Primary School Musical Production, where young talents shine on stage! This exciting program invites students to explore their creativity through singing, dancing, and acting. Participants will work together to bring a delightful story to life, developing their confidence and teamwork skills along the way. With guidance from dedicated instructors, students will learn about stage presence, character development, and the joy of performing. Whether your child loves to be in the spotlight or prefers working behind the scenes, this musical production offers a fun and memorable experience for all. Don't miss the chance to witness their incredible performances!

First LEGO League (G5 & G6)

Monday

Dive into the exciting world of robotics and innovation with the First Lego League after-school program! Open to students Grade 3-6, this hands-on program challenges young minds to design, build, and program robots to solve real-world problems. Through engaging team-based projects, students will develop critical thinking, collaboration, and STEM skills while tackling themed missions. Whether you're new to robotics or a seasoned builder, this program offers a dynamic environment to explore creativity, engineering and technology. Get ready to innovate, compete and have fun!

The Game Room (G3-G6)

Monday

Play is children's natural language. It's how they learn to connect, solve problems, and build social and emotional skills in a fun, meaningful way. Games Club offers students a space to share, learn, and enjoy games together while developing confidence, cooperation, and empathy. By creating a Games Booklet, they'll also build a lasting resource to support positive play with others—at school and beyond.

The Art Spark Studio (G3-G6)

Monday

Unleash your imagination and bring your ideas to life! Dive into fun and useful drawing techniques to create everything from dynamic characters to breathtaking landscapes and original scenes. This program sparks creativity while providing a chill, inspiring space for students to explore their unique artistic style and grow their skills with every stroke. Let your creativity run wild and watch your art come alive!

Traditional Chinese Knotting: A Hands-On Cultural Craft (G3-G6)

Thursday

Traditional Chinese knotting is a hands-on craft that transforms simple strings into beautiful designs. Each knot carries meanings of good luck, harmony, and blessing, blending practicality with deep cultural symbolism. By learning step by step through guided practice, you'll create your own knots and discover the artistry behind Chinese tradition.

Esports by Daigon (G2 - G6)*

Friday

Ignite your child's passion for gaming with Daigon's Elementary E-Sports Club! Centered around Minecraft, this club is the perfect introduction to e-sports for younger students. Through structured gameplay and engaging challenges, students will learn essential 21st-century skills like teamwork, creativity and problem-solving. Each session is designed to transform their love for games into valuable life skills, all within a safe and supportive environment. Join us for a fun and educational journey where gaming becomes a tool for growth and collaboration!

Fee: RMB 800/8 Weeks

STEAM (G3-G6)

Monday

Do you know what are some issues plaguing our world today? You might be surprised to learn that clean, potable water is not readily accessible to people in some parts of the world. People are dying from heatwave or extreme cold because they do not have access to shelter from extreme weather. Problems will always be around us, but they present opportunities for us to find solutions. Get ready to explore the exciting world of STEAM through a series of hands-on projects that bring scientific concepts to life! In this ASP, you will design, build, and create using tools in the lab with your own hands. Develop problem-solving skills, unleash your creativity, and discover the power of teamwork as ideas come to life! As you make connections in what you do in the classroom with the real world, you will learn to be better communicators, reflective learners as well as empathetic global citizens. Don't get steamed up by problems but find your solutions in STEAM!

Melody Makers (G1-G6)***

Friday

Melody Makers is a fun and welcoming choir program for students in Grades 1–6. It is designed to help students develop their singing skills while enjoying the experience of making music together. Students will learn songs from a variety of musical styles, build confidence in singing, and develop their listening and teamwork skills as part of a choir.

Whether students are new to choir or already enjoy singing, Friday Melody Makers provides a supportive environment where everyone can grow and have fun through music.

Sabres' Voices (G2-G6) ***

Tuesday

Sabres' Voice is our advanced choir and official school choir team for students in Grades 2-6. The group focuses on developing stronger vocal technique, musical expression, ensemble skills, and performance confidence through more challenging repertoire. Requirements for Joining Sabres' Voices; Students are expected to meet the following requirements: Choir experience: At least one year of previous choir experience.

Singing skills: Good intonation and a clear, healthy singing tone. For boys, students should not yet be experiencing significant voice changes.

Commitment: Students are expected to attend rehearsals regularly and make every effort to maintain consistent attendance. As a school team, Sabres' Voices requires commitment, teamwork, and a positive attitude. Students will have opportunities to represent the school through performances and special musical events.

Orchestra (G3-G12)

Thursday

Join our orchestra program and experience the joy of making music together! Whether you play strings, woodwinds, brass, or percussion, our ensemble brings talented musicians of all levels together to create beautiful harmonies. Develop your skills, refine your technique, and perform stunning pieces under the guidance of experienced instructors. From classical masterpieces to contemporary works, every rehearsal is a chance to grow, connect, and shine on stage!

Ceramic making (G1-G6)*

Friday

Students will explore the fundamentals of hand-building, wheel-throwing, and glazing techniques to create functional and decorative ceramic art. The term will conclude with an internal gallery-style exhibition of their completed works.

Fee: RMB 1500/ 8 Weeks

Drone Coding (G3-G12)*

Friday

Designed for tech enthusiasts and aspiring coders, this course offers hands-on experience in programming drones to perform a variety of tasks. Participants will learn essential coding languages, explore flight mechanics, and develop problem-solving skills through engaging projects. Whether you're a beginner or have some coding experience, our experienced instructors will guide you every step of the way. Discover the thrill of watching your code come to life as you control a drone in flight.

Fee: RMB 1600/8 Weeks

Drone Operation (G1-G6 Beginner)*

Thursday

Discover the thrill of piloting drones in our exciting drone activity program. Learn the basics of drone operation and safety while developing skills in technology and coordination. Perfect for beginners and enthusiasts alike, this hands-on experience lets you unlock your inner pilot.

Fee: RMB 1600/8 Weeks

Drone Operation (G1-G12 Advanced)*

Friday

Advanced ASP drone operation trains you to fly with precision, safety, and confidence. You'll develop skills in advanced maneuvering, and real-time decision-making. With expert guidance and hands-on practice, you'll learn how to optimize performance while staying compliant with drone safety standards. You may also have the opportunity to take part in a drone competition, so you can apply your training, test your skills, and compete alongside other advanced operators.

Fee: RMB 1600/8 Weeks

GO Chess (K1-G12 Beginner/ Intermediate)*

Monday, Wednesday, Thursday

Combining ancient strategy with modern mental discipline, this course will sharpen logical thinking and strategic planning. Students will end the term by participating in an internal GO & Chess challenge series.

**Fee: RMB 1200/ 8 Weeks (Beginner- Monday, Wednesday),
RMB 1700/ 8 Weeks (Intermediate - Thurs)**

Wood Carving (G3-G6)*

Friday

Through guided instruction in carving techniques and tool safety, students will transform raw wood into detailed, expressive pieces. The programme concludes with an internal showcase of finished carvings, celebrating craftsmanship and creativity.

Fee: RMB 1500/ 8 Weeks

Competitive eSports — Minecraft Capture the Flag (G2-12)

Monday & Tuesday

Selected students will represent SSIS in the EASEA league. Squads of up to 12, playing in teams of five. Teams will play one match a week against schools across East Asia, plus practice on the other day. The season includes an April tournament at SSIS and a Champions Cup. League winners can qualify for the School Esports World Championships in Malta in 2027. We are looking for students who communicate well, work as a team, and stay calm under match pressure.

Fee: RMB 800 for the year. Selection applies.

RoboCup Intelligent Driving & Robotics (G2-G9)*

Friday

Tailored for young robotics and AI-minded learners, this course delivers hands-on learning combining the CoSpace 3D simulation platform with physical two-wheeled robots. Participants build practical knowledge of robotics, multi-sensor fusion and autonomous navigation strategies. Students in the group from Grade 2 to Grade 6 use graphical programming, while those in the group from Grade 7 to Grade 9 advance to learning C/Python text-based programming. Supported by certified senior RCAP coaches, students reinforce theoretical concepts through repeated simulation practice and real-world hardware testing. Both new learners and students with prior robotics experience receive step-by-step coaching to prepare for a full spectrum of contests, including the RCAP CoSpace Intelligent Driving Challenge, RoboCup Singapore Open, International Invitational, Annual Masters Tournament, World Humanoid Robot Games, Shanghai Qualifiers and Shanghai International Schools Invitational.

Fee: RMB 4800 / 8 Sessions; Full year package RMB 14400 / 24 Sessions

Future Innovation & AI Engineering (G4-G9)*

Friday

Built around project based learning rooted in real world challenges, this course integrates academic research, artificial intelligence and engineering design. Students develop original STEM inventions and get fully prepared for international competitions including ICC Global Invention Convention. Learners are divided into two tracks: Young Inventor for Grade 4 6 and AI Innovator for Grade 7 9. Classes balance conceptual lectures, hands on building and project challenges. Working in teams of 2 3 members, students will produce tangible deliverables each academic year, such as functional invention prototypes, innovation logs, project posters and a 3 minute English pitch presentation. Led by instructors with senior level corporate AI R&D background, the programme guides students through problem spotting, solution design, prototype building, iterative testing and competition ready presentation. Junior level participants focus on block based programming and basic prototyping, while middle school students dive deeper into Python, computer vision and complete AI driven engineering systems.

Fee: RMB 3200 / 8 Sessions; Full year package RMB 9600 / 24 Sessions

USACO Computer Olympiad & Algorithmic Thinking (G6-G9)*

Friday

Focused on building robust algorithmic thinking and problem-solving skills, this course prepares students for the highly-regarded USA Computing Olympiad (USACO). Following a progressive learning path — programming-language foundation, algorithm mastery and competition-oriented advanced training — students learn C++ and develop solid contest-level coding capabilities to strengthen their profiles for top-tier university computer science and STEM majors. The curriculum spans 24 sessions of 90-minutes each across three terms. The first-year track targets USACO Bronze, covering C++ syntax, recursion, fundamental data structures, search algorithms, sorting, graph basics and full-scale Bronze mock examinations. The second-year advanced track aims for USACO Silver with preliminary Gold exposure, diving into sliding-window techniques, priority queues, bitmask state compression, union-find sets, number theory and introductory dynamic programming. For this academic year, only the first-year track is open for enrollment. Taught by instructors with extensive Fortune-500 IT industry experience and bilingual teaching expertise, classes require only internet-connected computers with free open-source development environments; no extra hardware kits or software licences are needed.

Fee: RMB 3200 / 8 Sessions; Full-year package RMB 9600 / 24 Sessions

TED Talk (G3-G6)***

Thursday

Join us for an inspiring TED Talk designed just for primary school students! Discover amazing stories, fun facts, and big ideas from curious minds just like yours. Whether it's science, art, or how to make the world a better place, this talk will spark your imagination and show you that no idea is too small to change the world. Get ready to think, dream, and be inspired! #KidsCanChangeTheWorld"

Math Quest: Strategy, Fun & Friendship (G3-G4)

Thursday

Join our Math Game Club: Strategy, Fun & Friendship! After school, we turn math into exciting games where you'll practice problem-solving, logic, and teamwork. Play number puzzles, strategy challenges, and friendly competitions designed for all skill levels. Learn new ways to think, build confidence, and discover that math can be creative and fun. Each meeting includes guided activities, time to collaborate, and plenty of laughs. Come for the games, stay for the friendships—everyone is welcome!

Little Scholar's Lodge (Student Care)

Monday - Friday

This after-school program offers a calm space with friendly guidance, helping children build good study habits while staying engaged and productive.

MUN (G5-G6)**

Monday

MUN is a simulation in which students can engage with real-world issues, developing principles, empathy and compassion as they practice communication and resilience, and learn about international relations and the United Nations. Students develop speaking, debating and writing skills, in addition to critical thinking, teamwork, and leadership abilities. This session is designed for both those new to MUN and experienced delegates who want to brush up their skills ahead of external conferences.

The Language Maestro - Spanish (G3-G6)

Thursday

Learning a third language opens doors to new cultures, opportunities, and connections. Whether for travel, career growth, or personal enrichment, mastering another language boosts cognitive skills and broadens your perspective. Dive into the beauty of multilingualism—start your journey today and unlock a world of possibilities!

English Debate (G3-G6)

Tuesday

*Grade 3s with exceptional language proficiency can be recruited.

English Debate Club conducted by INSPIRA G3-G6 (Tuesday)

Join the English Debate Club to sharpen your speaking skills, boost your confidence, and engage in lively discussions on a variety of topics. Whether you're a beginner or an experienced debater, this is the perfect place to learn how to think critically, argue persuasively, and have fun!

Chinese Debate (G3-G6)

Tuesday

Join the Chinese Debate ASP to sharpen your critical thinking, public speaking, and Mandarin skills! Whether you're a seasoned debater or a beginner, our club offers a dynamic platform to discuss thought-provoking topics, compete in friendly debates, and explore Chinese culture. Build your confidence, reasoning, and fluency—while making new friends!

Young Explorer (G4-G9)*

Monday

This 8-week after-school programme focused on public speaking, leadership, teamwork, problem-solving and project development. Students work towards a tangible project and final presentation over the course of the programme.

Fee: 1600/ 8 weeks

Maths Olympiad(G3-G6)*

Monday (G3-4), Thursday (G5-6)

This Mathematics Olympiad Programme enables students with a keen interest and demonstrated ability in Mathematics to use witty and tricky mathematics olympiad questions to bring out the best in their creative thinking and learn problem-solving strategies applicable not only in mathematics competitions but also in everyday situations. This programme is designed to inspire. The next generation of mathematicians, scientists, engineers and innovators, equipping students with the problem-solving skills to create a positive impact on the world.

Fee: RMB 1200/8 weeks

Sabres Broadcasting (G1-G6)

Monday

Welcome to Sabres Broadcasting! This program is designed for 1st to 6th grade students interested in developing their broadcasting and public speaking skills. Participants will practice tongue twisters, enhance their speech techniques, simulate broadcasting scenarios, and for the older students, engage in video editing activities. Join us to become the next star broadcaster!

Leaders (G7-8) & Pathfinders (G9-G12)



Sabres Elevate: Open Gym Conditioning (G9-G12)

Monday, Thursday, Friday

Sabres Elevate: Open Gym Conditioning is a self-paced, self-guided fitness option open three times per week for students who want to train independently. Students must first pass a Warrant of Fitness to demonstrate safe and effective gym use. Once approved, they may bring and follow their own training programs. Open Gym is perfect for athletes in-season, off-season, or anyone looking to build strength, improve conditioning, or maintain general fitness in a flexible, supportive environment.

Sabres Golf Team

Monday

Selected golfers who show outstanding abilities and commitment to the sport make up our SSIS Golf Team. They have access to a 27-hole golf course facility at Sun Island Kunshan Golf Club.

Sabres Golf Academy (G7-G12)*

Wednesday & Friday

This 8-week (16 lessons) programme is tailored to each child's unique pace and abilities with a coach to student ratio of no more than 1:6 with students grouped by their skill level.

Our programme is designed to take each golfer through the CGA Junior Golf Levels, where a certificate will be presented upon completion of each level*. The CGA Junior Golf Certificate Training Programme will not only help keep track of your child's progress, it will provide motivation to continue their dedication to mastering this sport.

As they progress, they'll gain confidence and a deeper appreciation for the game. Beyond golf, we prioritize creating a fun, social environment. Our goal is to inspire a lifelong passion for the sport. In addition, this programme provides a platform to join our Sabres Golf Team which competes in various tournaments in Shanghai and at the ACAMIS Invitational.

**Note: CGA Certificate Testing Fee is separate*

Fee: RMB 4800/ 16 lessons

SABRES Swim (Foundation)

Tuesday & Thursday

The Sabres swim development Cubs provides students with a unique opportunity to learn swimming from an early age. The programme works on all of the building blocks to swimming. We aim to equip all our students with swimming skills, as well as to enjoy the many physical and mental health benefits, eventually preparing them to join the competitive squad. Interested parents may email Mr. Mark Glover, our Director of Aquatic, for further enquiries.

SABRES Swim (Performance & High Performance)

Monday, Wednesday, Friday

The Sabres Swim Team compete regularly within the Shanghai Swim League (SSL), which was set up for all international schools in Shanghai. There has been enormous growth and now includes schools from Suzhou, Hangzhou and Nanjing, which makes for over 32 schools in the highly competitive league. SSL events take place throughout the year, usually in rounds and end with the SSL Championships and then the annual Long Course Meet at the Shanghai Oriental Sports Center. Interested parents may email Mr. Mark Glover, our Director of Aquatic, for further enquiries.

Sabres Spike Squad - SISAC Volleyball (G4-G8)**

Tuesday (Boys) / Thursday (Girls)

Students train from once a week and compete against other international schools in Shanghai. Depending on their Step placement, they will participate in at least one weekend tournament. As students progress through the age groups, they move up the Steps, with the focus gradually shifting from development to more competitive play.

Sabres Spike Squad - SISAC Volleyball (G9-G12)**

Tuesday, Thursday & Friday

Students train from twice to thrice a week and compete against other international schools in Shanghai. Depending on their Step placement, they will participate in at least one weekend tournament. As students progress through the age groups, they move up the Steps, with the focus gradually shifting from development to more competitive play.

Sabres Ultimate Team - SISAC Frisbee (G7-G12)**

Friday

This growing sport at SSIS welcomes all students to join in an inclusive, fast-paced team environment. We train 1 to 2 times per week and compete in one tournament in Shanghai, followed by the ACAMIS tournaments for U14 and U19 divisions.

Sabres Stride & Endure - SISAC Cross Country (G4-G12)**

Monday

This ASP is for students who love to run and are ready to challenge themselves through endurance training. Students will train at least once a week with the goal of competing in cross country meets. We will attend an end-of-season meet hosted at SSIS Suzhou, open to students in Grades 5-12, with selected Grade 4 runners also eligible. We will also explore other opportunities for students to compete throughout the season. We will attend an end-of-season meet hosted at SSIS Suzhou, open to students in Grades 5-12, with selected Grade 4 runners also eligible. We will also explore other opportunities for students to compete throughout the season.

Sabres Speed Squad - SISAC Track and Field (G4-G12)**

Monday

Students who show interest in this program will train at least once a week in preparation for the Shanghai Schools Track and Field Meet at SAS Puxi. The meet is open to students in Grades 5-8, with selected students from Grades 3-4 also eligible. Grade 3-5 students who join this ASP will have the opportunity to compete in the meet held at SAS Pudong. We also hope to attend a second meet if scheduling allows.

Sabres Spin Masters - SISAC Table Tennis (G6-G12)**

Monday

We're trialing table tennis with weekly training sessions. If interest is strong, we plan to participate in the Shanghai tournament. Come join us to develop your skills and have fun with fast-paced rallies!

Sabres Hoop Hustle - SISAC Basketball (G4-G8)**

Tuesday (Boys) / Thursday (Girls)

Students train from once a week and compete against other international schools in Shanghai. Depending on their Step placement, they will participate in at least one weekend tournament. As students progress through the age groups, they move up the Steps, with the focus gradually shifting from development to more competitive play.

Sabres Hoop Hustle - SISAC Basketball (G9-G12)**

Tuesday, Thursday & Friday

Students train from twice to thrice a week and compete against other international schools in Shanghai. Depending on their Step placement, they will participate in at least one weekend tournament. As students progress through the age groups, they move up the Steps, with the focus gradually shifting from development to more competitive play.

Sabres Strike Force - SISAC Football (G4-G8)**

Tuesday (Boys) / Thursday (Girls)

Students train from once a week and compete against other international schools in Shanghai. Depending on their Step placement, they will participate in at least one weekend tournament. As students progress through the age groups, they move up the Steps, with the focus gradually shifting from development to more competitive play.

Sabres Strike Force - SISAC Football (G9-G12)**

Tuesday, Thursday & Friday

Students train from twice to thrice a week and compete against other international schools in Shanghai. Depending on their Step placement, they will participate in at least one weekend tournament. As students progress through the age groups, they move up the Steps, with the focus gradually shifting from development to more competitive play.

Follow-along aerobic workout (G7-G12)

Monday

Follow along for an upbeat aerobic workout ASP! We'll warm up, then move through cardio intervals to boost your heart rate, stamina, and energy. Keep your core engaged, breathe steadily, and choose a pace that feels challenging yet sustainable. Finish with a cool-down to help you recover and feel amazing.

Lifting with Arnold (G8-G12)

Tuesday

Join our After-School Lifting Program for students who want to build strength, confidence, and healthy habits! Each session includes a warm-up, coaching on proper technique, and a fun workout tailored to different skill levels. You'll learn how to use equipment safely, improve mobility, and stay consistent with goal-setting. Our supportive environment encourages teamwork and personal progress—no experience needed. Sign up today and start lifting with us after school!

Sabres Sports Academy - Badminton (G7-G12 Advanced)*

Monday

Join our exciting badminton program if you are looking to refine your skills! Our experienced coaches will guide you through techniques, footwork, and game strategies to help you build confidence and improve your game.

Note: This takes place after regular ASP hours, so self-pick-up will need to be arranged.

Fee: RMB 1400/ 8 Weeks

Sabres Smash Squad - SISAC Badminton (G4-G12)**

Monday (G6-8), Wednesday (G9-12)

Students in this ASP will train once a week to develop their badminton skills in a fun, competitive environment. We will participate in an end-of-season fixture, and we'll also look to arrange friendly matches against other schools in Shanghai throughout the term.

The Playwright's Guild - Legally Blonde (G7-G12)**

Thursday

Join our After School Drama Production program and unleash your creativity! This engaging program welcomes students of all experience levels, focusing on acting, scriptwriting, and stagecraft. Participants will explore various aspects of theater, including character development, improvisation, and production techniques. Throughout the sessions, students will work collaboratively to create an original performance, enhancing their teamwork and communication skills. Guided by experienced instructors, participants will gain confidence in their abilities while having fun. Whether you dream of being on stage or behind the scenes, our drama production program is the perfect opportunity to express yourself and bring stories to life!

Orchestra (G3-G12)

Thursday

Join our orchestra program and experience the joy of making music together! Whether you play strings, woodwinds, brass, or percussion, our ensemble brings talented musicians of all levels together to create beautiful harmonies. Develop your skills, refine your technique, and perform stunning pieces under the guidance of experienced instructors. From classical masterpieces to contemporary works, every rehearsal is a chance to grow, connect, and shine on stage!

Competitive Vex V5 Robotics (G7 - G12)**

Wednesday & Thursday

Join a five-student team and build a VEX V5 robot for a full season of competition. You will design, build, code, drive and keep the engineering journal. Teams compete across the year in up to five events, including scrimmages and ACAMIS regionals and nationals. Open to Grades 7-12. Previous FLL, VEX, or specialised robotics or coding experience is required.

Fee: RMB 6,000 for the year, including team shirt, buses, entries and parts.

Selection applies.

Introductory VEX Robotics (G7-G12)

Thursday

Learn the basics of engineering, coding and driving a VEX robot. This Thursday ASP runs in the normal eight-week seasons on the Shanghai campus calendar and is the training ground for competitive robotics. Seats are limited and selected from those who request a place. You may sign up for one season, then request a later season if you want to continue.

Strategy & Dice

Monday

After school, dive into fun board games, tabletop strategy games, and trading card games (TCGs)! Join us to learn new rules, try exciting matches, and improve your strategy with friends. Whether you love quick card battles or deep, plan-ahead gameplay, there's a game for everyone. We'll have rotating activities, friendly guidance, and time to build decks, trade ideas, and make new connections. Bring a friend, or come solo—everyone is welcome.

Cinema as Art: Exploring Stories on Screen: Film Appreciation (G9-G12)

Thursday

This film-appreciation course invites students to explore selected feature films. Learners analyse visual storytelling, characters and cultural contexts through group viewing and guided discussion, deepening their understanding of cinema as a powerful artistic medium.

Ceramic Making (G7-G12)*

Friday

Students will explore the fundamentals of hand-building, wheel-throwing, and glazing techniques to create functional and decorative ceramic art. The term will conclude with an internal gallery-style exhibition of their completed works.

Fee: RMB 1500/ 8 Weeks

Drone Coding (G3-G12)*

Friday

Designed for tech enthusiasts and aspiring coders, this course offers hands-on experience in programming drones to perform a variety of tasks. Participants will learn essential coding languages, explore flight mechanics, and develop problem-solving skills through engaging projects. Whether you're a beginner or have some coding experience, our experienced instructors will guide you every step of the way. Discover the thrill of watching your code come to life as you control a drone in flight.

Fee: RMB 1600/8 Weeks

Drone Operation (G1-G12 Advanced)*

Friday

Advanced ASP drone operation trains you to fly with precision, safety, and confidence. You'll develop skills in advanced maneuvering, and real-time decision-making. With expert guidance and hands-on practice, you'll learn how to optimize performance while staying compliant with drone safety standards. You may also have the opportunity to take part in a drone competition, so you can apply your training, test your skills, and compete alongside other advanced operators.

Fee: RMB 1600/8 Weeks

Wood Carving (G7-G12)*

Friday

Through guided instruction in carving techniques and tool safety, students will transform raw wood into detailed, expressive pieces. The programme concludes with an internal showcase of finished carvings, celebrating craftsmanship and creativity.

Fee: RMB 1500/ 8 Weeks

GO Chess (K1-G12 Beginner/ Intermediate)*

Monday, Wednesday, Thursday

Combining ancient strategy with modern mental discipline, this course will sharpen logical thinking and strategic planning. Students will end the term by participating in an internal GO & Chess challenge series.

Fee: RMB 1200 / 8 Weeks (Beginner- Monday, Wednesday),

RMB 1700 / 8 Weeks (Intermediate - Thurs)

Open Art Studio (G7-G12)

Monday

Join our Open Art Studio! We're welcoming artists and art lovers for drop-in creative time from G7 to G12. Whether you're an experienced maker or just curious to try something new, you'll find a supportive, hands-on space to paint, draw, experiment, and connect. Bring your imagination—materials may be available, or you can bring your own. Come explore your creativity, meet fellow artists, and enjoy a relaxed atmosphere of making and learning.

Competitive eSports — Minecraft Capture the Flag (G2-G12)

Monday & Tuesday

Selected students will represent SSIS in the EASEA league. Squads of up to 12, playing in teams of five. Teams will play one match a week against schools across East Asia, plus practice on the other day. The season includes an April tournament at SSIS and a Champions Cup. League winners can qualify for the School Esports World Championships in Malta in 2027. We are looking for students who communicate well, work as a team, and stay calm under match pressure.

Fee: RMB 800 for the year. Selection applies.

RoboCup Intelligent Driving & Robotics (G2-G9)*

Friday

Tailored for young robotics and AI-minded learners, this course delivers hands-on learning combining the CoSpace 3D simulation platform with physical two-wheeled robots. Participants build practical knowledge of robotics, multi-sensor fusion and autonomous navigation strategies. Students in the group from Grade 2 to Grade 6 use graphical programming, while those in the group from Grade 7 to Grade 9 advance to learning C/Python text-based programming. Supported by certified senior RCAP coaches, students reinforce theoretical concepts through repeated simulation practice and real-world hardware testing. Both new learners and students with prior robotics experience receive step-by-step coaching to prepare for a full spectrum of contests, including the RCAP CoSpace Intelligent Driving Challenge, RoboCup Singapore Open, International Invitational, Annual Masters Tournament, World Humanoid Robot Games, Shanghai Qualifiers and Shanghai International Schools Invitational.

Fee: RMB 4800 / 8 Sessions; Full year package RMB 14400 / 24 Sessions

Future Innovation & AI Engineering (G4-G9)*

Friday

Built around project based learning rooted in real world challenges, this course integrates academic research, artificial intelligence and engineering design. Students develop original STEM inventions and get fully prepared for international competitions including ICC Global Invention Convention. Learners are divided into two tracks: Young Inventor for Grade 4-6 and AI Innovator for Grade 7-9. Classes balance conceptual lectures, hands on building and project challenges. Working in teams of 2-3 members, students will produce tangible deliverables each academic year, such as functional invention prototypes, innovation logs, project posters and a 3 minute English pitch presentation. Led by instructors with senior level corporate AI R&D background, the programme guides students through problem spotting, solution design, prototype building, iterative testing and competition ready presentation. Junior level participants focus on block based programming and basic prototyping, while middle school students dive deeper into Python, computer vision and complete AI driven engineering systems.

Fee: RMB 3200 / 8 Sessions; Full year package RMB 9600 / 24 Sessions

USACO Computer Olympiad & Algorithmic Thinking (G6-G9)*

Friday

Focused on building robust algorithmic thinking and problem-solving skills, this course prepares students for the highly-regarded USA Computing Olympiad (USACO). Following a progressive learning path — programming-language foundation, algorithm mastery and competition-oriented advanced training — students learn C++ and develop solid contest-level coding capabilities to strengthen their profiles for top-tier university computer science and STEM majors. The curriculum spans 24 sessions of 90-minutes each across three terms. The first-year track targets USACO Bronze, covering C++ syntax, recursion, fundamental data structures, search algorithms, sorting, graph basics and full-scale Bronze mock examinations. The second-year advanced track aims for USACO Silver with preliminary Gold exposure, diving into sliding-window techniques, priority queues, bitmask state compression, union-find sets, number theory and introductory dynamic programming. For this academic year, only the first-year track is open for enrollment. Taught by instructors with extensive Fortune-500 IT industry experience and bilingual teaching expertise, classes require only internet-connected computers with free open-source development environments; no extra hardware kits or software licences are needed.

Fee: RMB 3200 / 8 Sessions; Full-year package RMB 9600 / 24 Sessions

The Archimedes Alliance (G7 - G12 Math Comps)**

Monday (G7-8), Thursday (G9-12)

Join the Archimedes Alliance dedicated to exploring the wonders of maths and competing in exciting maths challenges. Collaborate with fellow enthusiasts, innovate, and put your skills to the test in local and national competitions. Unlock your potential and make maths come alive!

Economics Olympiad (G7-G12)**

Thursday

The European Economics Olympiad aims to help high schools promote economics-related education, exercise students' logical thinking, problem-solving and critical thinking skills, and stimulate students' interest in academic and professional development in economics.

MUN (G7-G12)**

Monday

MUN is a simulation in which students can engage with real-world issues, developing principles, empathy and compassion as they practice communication and resilience, and learn about international relations and the United Nations. Students develop speaking, debating and writing skills, in addition to critical thinking, teamwork, and leadership abilities. This session is designed for both those new to MUN and experienced delegates who want to brush up their skills ahead of external conferences.

Science Investigation and Data Collection (G11 & G12)

Monday

Science Support and Enrichment offers tailored assistance in data collection for Science Internal Assessments (IA) and Extended Essays (EE). With a focus on enhancing research skills, students will receive guidance on effective data-gathering methods and analysis techniques. Students will also be able to receive one-on-one support from the science teachers to enhance their understanding of scientific concepts.

Psychology 101 (G9-G12)

Thursday

Explore the fascinating world of psychology with our inclusive Psychology Club! Designed for all students, regardless of whether they are currently studying the subject, this club offers enriching experiences that extend beyond the classroom. Engage in thought-provoking discussions, participate in online quizzes, and earn certifications to deepen your understanding of psychological concepts. We will explore real-world applications of psychology, from mental health awareness to human behavior, providing valuable insights for those preparing for IGCSEs or the IB. Join us to connect with like-minded peers, expand your knowledge, and discover the wonders of the human mind!

Chinese Debate (G7-G12)

Monday

Join the Chinese Debate Club to sharpen your critical thinking, public speaking, and Mandarin skills! Whether you're a seasoned debater or a beginner, our club offers a dynamic platform to discuss thought-provoking topics, engage in friendly competition, and explore Chinese culture through structured debates. Enhance your confidence, reasoning, and fluency—all while making new friends!

Self -Study Mastery (G7-G12)

Monday / Thursday

This after-school program offers a calm space with friendly guidance, helping children build good study habits while staying engaged and productive.

Pages to Pen: Reading Classics for Writing (G9-G12)

Monday

This Chinese reading and writing ASP invites students to engage with classic Chinese and world literary works. Through close reading and guided writing tasks, learners strengthen textual interpretation and compose reflective pieces, advancing their critical reading and creative writing competencies.

Casual Reading & Book Sharing Club (G7-G12)

Monday

This relaxing, interest-driven ASP is designed for students who love reading in their spare time, free from rigid academic analysis and assessment pressure. The club covers diverse light reading genres including novels, prose, essays, travel literature and popular classic books spanning Chinese and foreign works. Students can freely choose books they are interested in, participate in casual book talks, personal reading sharing and interactive book recommendation sessions. This program aims to cultivate lasting reading hobbies, enrich after-school life, connect like-minded readers, and bring joy and emotional resonance through daily reading and communication.

Young Explorer (G10-G12)*

Thursday

This 8-week after-school programme focused on public speaking, leadership, teamwork, problem-solving and project development. Students work towards a tangible project and final presentation over the course of the programme.

Fee: 1600/ 8 weeks

Chess (Competitive) (G6-G10)**

Thursday

This Chess ASP is a student-led recreational community for passionate chess players. It serves as an excellent platform to develop advanced planning, analytical, and creative thinking, while emphasizing fair play and sportsmanship.

Note: This ASP is not suitable for beginners. Understanding of basic chess rules is compulsory.

ASP Sign-up Timeline

Signup opens on 14 Sept at 12:00pm;

Signup closes on 16 Sept at 12:00pm;

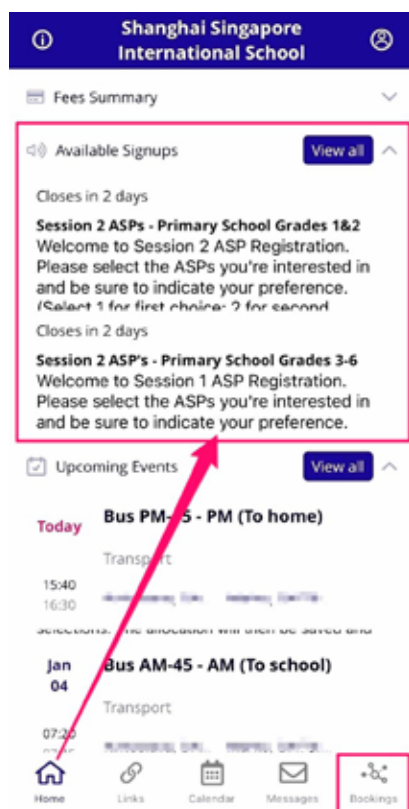
How to Sign-up

1) Please head to SCHOOLSBUDDY as a parent to register.

Access SchoolsBuddy via the mobile APP or by heading to the website (<https://ssis-sh.schoolsbuddy.net>). Please contact it-support@ssis.asia with any issues related to SchoolsBuddy, or other school technology tools or issues.

2) Click Bookings menu or Available Signups tab of the Home menu.

Please find the below **Photo_1** for reference.



Photo_1

3) Set priority for each desired activity and set transport modes.

Please find the below Photo_2 for reference.

Note: SchoolsBuddy will allocate students into selected programmes to ensure fair selection as well as safe and quality programme. It is not selection conducted on first-come-first served. **Late registration will be subjected to programme availability.**

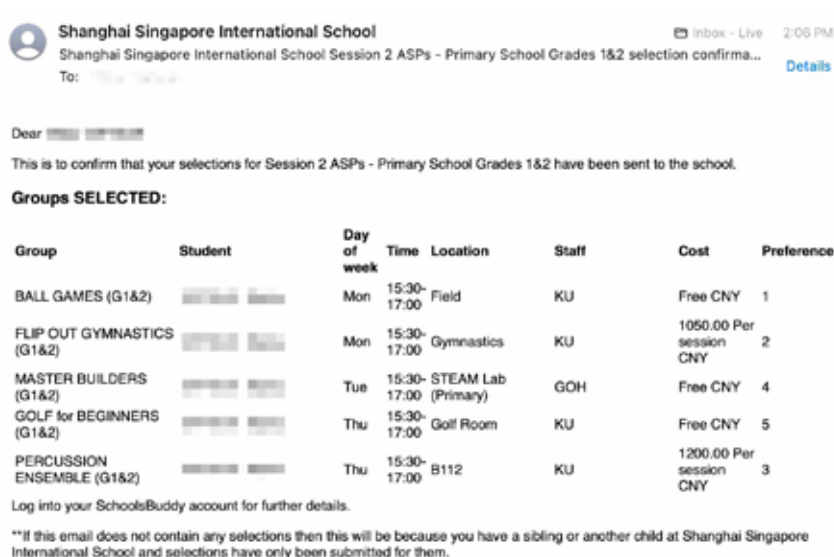
4) Repeat the steps for your other children if necessary.

5) A confirmation email will be sent to your mailbox.

Make sure emails from schoolsbuddy.cn are whitelisted and do not end up in your Spam/Junk folder. Please find the below Photo_3 for reference.



Photo_2



Photo_3

Note: SchoolsBuddy will allocate students into selected programmes to ensure fair selection as well as safe and quality programme. It is NOT on a first-come-first-serve basis.

Self-pickup and ASP Transportation Matters

1) For Preschool-K1, parents are responsible for arranging self-pickup if their child is participating in ASP during Discovery Day, unless the child has an older sibling participating in ASP on the same day. In all cases where an exception is required, parents must submit an appeal by emailing asp@ssis.asia.

2) K2, Primary School and Senior School-Bus service is available after ASP, drop-off point will be as follows:

- T1: East Westwood Green&Songhong Road Subway Station
- T2: Qibao & South Jinhui Rd
- T3: Zhongshan Park
- T4: Gubei & Xujiahui

Note: ASP BUSES WILL LEAVE AT 4:50p.m.

Students (self pick-up) who do not subscribe to the regular school bus service may request for the ASP bus service when registering for their preferred After School Programme(s).

For exact drop off locations, please click on [this link](#).